

AKHBAR : BERITA HARIAN
MUKA SURAT : 12
RUANGAN : NASIONAL

76,795 kes denggi sejak 30 Disember

Putrajaya: Sebanyak 76,795 kes denggi direkodkan di seluruh negara sejak 30 Disember lalu hingga kelmarin, menurut Bilik Gerakan Denggi Kebangsaan (CPRC), Kementerian Kesihatan.

Selangor mencatatkan angka tertinggi berbanding negeri lain iaitu sebanyak 43,155 kes.

Ia diikuti Kuala Lumpur (8,633 kes); Johor (6,467 kes); Pulau Pinang (3,279 kes); Sabah (3,085 kes); Kelantan (2,643 kes); Perak (1,925 kes); Negeri Sembilan (1,424 kes) dan Melaka (1,282 kes).

Ia disusuli Kedah (1,163 kes); Pahang (1,131 kes); Sarawak (1,125 kes); Putrajaya (829 kes); Terengganu (390 kes); Perlis (238 kes); dan Labuan (26 kes).

Ahad lalu, Menteri Kesihatan, Datuk Seri Dr Dzulkefly Ahmad, berkata kes denggi menunjukkan peningkatan bermula Mei lalu.

AKHBAR : HARIAN METRO

MUKA SURAT : 20

RUANGAN : SETEMPAT

Kes denggi di Selangor catat angka tertinggi

Putrajaya: Kementerian Kesihatan merekodkan sebanyak 76,795 kes denggi dilaporkan di seluruh negara bermula 30 Disember tahun lalu hingga kelmarin.

Statistik berkenaan dikeluarkan oleh Bilik Gerakan Denggi Kebangsaan, Kementerian Kesihatan yang boleh dimuat naik menerusi laman rasmi <http://idengue.remotesensing.gov.my>, semalam.

Daripada jumlah itu, Selangor mencatatkan angka tertinggi berbanding negeri lain iaitu sebanyak 43,155 kes denggi direkodkan.

Ia diikuti Kuala Lumpur (8,633 kes), Johor (6,467 kes), Pulau Pinang (3,279 kes), Sabah (3,085 kes), Kelantan (2,643 kes), Perak (1,925 kes), Negeri Sembilan (1,424 kes) dan Melaka (1,282 kes).

Kedah pula mencatatkan 1,163 kes diikuti Pahang (1,131 kes), Sarawak (1,125 kes), Putrajaya (829 kes), Terengganu (390 kes), Perlis (238 kes) dan Labuan (26 kes).

AKHBAR : THE STAR

MUKA SURAT : 7

RUANGAN : EVENTS



Dr Dzulkefly (centre), Deplanck (right) and other guests at the launch of the Kurangkan Gula Hidup Sihat campaign at Giant Hypermarket in Subang Jaya. — RAJA FAISAL HISHAN/The Star

Encouraging healthier food choices

Hypermarket chain launches campaign against excessive sugar intake in Malaysia

MALAYSIANS need to be more aware of their sugar intake or risk future health problems.

This was part of the message conveyed by Health Minister Datuk Seri Dr Dzulkefly Ahmad in his speech during the launch of the "Kurangkan Gula Hidup Sihat" campaign organised by hypermarket chain Giant in collaboration with a number of partners such as Fonterra Brands Malaysia.

The campaign is designed to educate consumers about added sugar in everyday food and beverages, and about the unseen and cumulative effects of excessive sugar intake.

Dr Dzulkefly said a ministry study revealed startling findings, among them that 73% of deaths were contributed by non-communicable diseases (NCDs) such as obesity.

"The ministry supports the Kurangkan Gula Hidup Sihat campaign by Giant and its collaborating partners, especially in promoting healthy living and raising awareness on the negative effects of excessive sugar intake," he said.

NCDs such as hypertension, cardiovascular diseases and diabetes, he added, are what health experts term as "silent killers".

"Currently, statistics show that Malaysia is the most obese country in South-East Asia."

Dr Dzulkely added that excessive sugar in diets resulted in increased calorie intake, which could contribute to obesity. The study also showed one in two Malaysians were classified as overweight or obese.

"As we strive to improve the health of Malaysians, we believe it is important for manufacturers and retailers like Giant to continuously bring nutritious and healthier products to Malaysians."

Currently, statistics show that Malaysia is the most obese country in South-East Asia.

Datuk Seri Dr
Dzulkefly Ahmad

The hope that Malaysians will make healthier choices was echoed by GCH Retail Malaysia's managing director Perre-Olivier Deplanck.

"Giant understands that it is part of our responsibility to encourage Malaysians to take the first of many steps in living a healthier lifestyle by making the right nutritional food choices," he said.

Deplanck said a number of the campaign's elements would appeal to children, among them the "Know Your Sugar Intake Level" game. It involves customers weighing the food and beverages they consume regularly to find out how much sugar they contain. Other games include an educational card game for children alongside other in-store activities to support the campaign.

Deplanck said Giant was also hosting the "Sama-sama Fit Campaign" until Sept 4 to promote a healthy lifestyle.

"I took my bicycle for an hour-long ride this morning," he said to an amused audience before teasing his team to participate in more physical activities.

The Kurangkan Gula Hidup Sihat campaign runs until Aug 28 at various Giant outlets in peninsular Malaysia.